Bayesian projections of breast and lung cancer mortality: disparities and impact of diagnosis delays

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Outline

- Trends in cancer rates over time
 - mainly lung cancer (LC) and breast cancer (BC)
- Stochastic modelling for cancer rates
- Solution Variation by region and deprivation
- Mortality projection into the future
- Change in cancer rates during COVID years
- Impact of diagnosis delays on cancer mortality

Cancer data

Cancer incidence and deaths data England: Office for National Statistics (ONS)

 \bullet Age groups: 0, 1-4, 5-9, ..., 95+

Age-standardised results, based on the European Standard Population (ESP) 2013

- Gender
- Years: 2001–2018 (some up to 2022)
- Income Deprivation deciles or quintiles
 - 1: most deprived; 10: least deprived
 - 1: most deprived; 5: least deprived
- Regions of England: North East, North West, Yorkshire and the Humber, East Midlands, West Midlands, East, London, South East and South West

Regional variation: BC mortality, 2018







Most v. least deprived by region: LC mortality, women, 2017



Income deprivation: (1) most deprived and (10) least deprived

- A life-style cancer
- Rates for most deprived much higher
- Regional variation

What insights we gain: (Arık et al., 2020, 2021)



Study points to big surge in under-50 cancer cases

③ 6 September - ₩ Comments





The number of cancer cases among the under-50s around the world appears to have risen sharply in the past 30 years, a study suggests.

- Age: higher rates at older ages?
 - changing?
 - lifestyle factors?

• Time:

- higher incidence in more recent years
- lower mortality
- Gender: higher rates for men
- Regional inequality exists
- Socio-economic differences are more relevant to life-style cancers

Bayesian forecasting for cancer mortality

$$\begin{split} & C_{a,t,d,g,r} \sim \mathsf{Poisson}(\theta_{a,t,d,g,r} \; E_{a,t,d,g,r}) \\ & \theta_{a,t,d,g,r} \sim \mathsf{Lognormal}(\mu_{a,t,d,g,r}, \sigma^2) \\ & \mu_{a,t,d,g,r} = \beta_0 + \beta_{1,a} + \beta_{2,t} + \beta_{3,r} + \beta_{4,d} + \beta_5 \mathsf{AAD}_{r,d} + \beta_6 \mathsf{NS}_{a,t-20} + \mathsf{interaction terms} \\ & \beta' \sim \mathsf{Normal}(0, 10^4) \quad [\mathsf{vague priors for risk factor effects}] \\ & \sigma^2 \sim \mathsf{Inv.Gamma}(1, 0.1) \end{split}$$

Add random walk with drift for 'period' effect:

 $egin{aligned} &eta_{2,t} = \mathsf{drift} + eta_{2,t-1} + \epsilon_t \ &\mathsf{drift} &\sim \mathsf{Normal}(0,\sigma^2_{\mathsf{drift}}) \ &\epsilon_t &\sim \mathsf{Normal}(0,\sigma^2_{eta_2}) \ &\sigma^2_{eta_2} &\sim \mathsf{Inv}.\mathsf{Gamma}(1,0.001) \end{aligned}$

for $t = 2002, \dots, 2036$, where $\hat{\sigma}_{drift}^2 = \frac{\hat{\sigma}_{\beta_2}^2}{2018 - 2001}$

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Non-smoker prevalence rates: England, 1993–2019

Non-smoker (NS) prevalence observed (dots) and fitted (solid line) rates for men (left) and women (right)



Increasing trend for NS prevalence

... more evident in men

Reconstruct NS prevalence (dashed) backwards to 1981:

$$\mathsf{NS}_{a,t} = \beta_0 + \beta_{1,a} + \beta_2 t + \beta_3 t^2 + \beta_{4,a} t$$

Regional gap: BC, women, 2001–2036



- Significant improvement in mortality from 2001 to 2018
- mb. ... and persists in the future years
- Region is significant
 - ... yet ONLY marginal differences in mortality across regions

• = • •

Projected mortality: LC, men, 2001–2036



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Projected mortality: LC, women, 2001–2036



• Mortality for women NOT always decreasing

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Deprivation gap: LC, women, 2001–2036



Comparable findings in men

Change in cancer deaths between 2020 and 2022

Registered deaths v. Expected deaths

• 2% marginal decline in LC deaths for women in England

 $\dots 3\text{--}6\%$ marginal increase in East and West Midlands, and South West

 $\dots 2-7\%$ marginal increase at ages 70 to 89

- 4% marginal decline in LC deaths for men in England
 ...3% marginal increase at ages 80 to 84
- 1% marginal decline in BC deaths in England

 $\dots 1\text{--}5\%$ marginal increase in North East, Yorkshire and the Humber, East Midlands

 $\ldots 10\text{--}13\%$ increase at ages 80 to 89

Impact of diagnosis delays on mortality

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Scottish cancer cases rise by 15% after pandemic drop

3 28 March

NEWS





Breast cancer screening was paused in 2020 due to the Covid-19 pandemic

Cases of cancer in Scotland increased by almost 15% in a year after dropping in the first 12 months of the pandemic. • Estimate average age-at-diagnosis (AAD) with incidence rates

$$AAD_{t,d,g,r} = \frac{\sum_{a} a\hat{\lambda}_{a,t,d,g,r} E_{a}^{\text{std}}}{\sum_{a} \hat{\lambda}_{a,t,d,g,r} E_{a}^{\text{std}}}$$
$$AAD_{d,g,r} = \frac{\sum_{t} AAD_{t,d,g,r} E_{t,d,g,r}}{\sum_{t} E_{t,d,g,r}}$$

- $\hat{\lambda}_{a,t,d,g,r}$: fitted incidence rates
- Include AAD as risk factor in mortality model
 e.g.
 μ_{a,t,d,r} = β₀ + β_{1,a} + β_{2,t} + β_{3,r} +β_{4,d} + β₅AAD_{d,r} + β₆NS_{a,t-20}
- Estimate impact on mortality

< 3 × < 3 ×

Quantify the impact of delays on future mortality

- Assume increase in AAD from 2020
 - Use ONS region-based future population estimates
 - Assume future deprivation structure unchanged
 - The impact of an increase in AAD distributed over future years
- Fit Bayesian forecasting model:
 - under no change in AAD (baseline scenario)
 - under 1- to 6-month AAD increase (scenario 1 to 3)
 - estimate excess deaths:

expected death in a given scenario expected death in the baseline scenario

Excess mortality by age: LC, men, 2020–2036



- Annual excess mortality due to 1-month (left) and 6-month (right) diagnosis delays
- LC is the leading cause of death for ages 65 to 79 (ONS, 2023)

Total excess deaths by region: LC, 2020–2036



Excess deaths

Excess deaths

< 3 × < 3 ×

Excess deaths due to 6-month diagnosis delay: 10,180 [7,944 to 12,340] (women) v.

28,660 [23,040 to 35,090] (men)

- Excess deaths in women (left) and men (right) due to 1-month, 3-month, and 6-month delays
- Excess mortality differs by region

Excess mortality by deprivation: LC, women, 2020–2036



- Annual excess mortality due to 1-month (left) and 6-month (right) diagnosis delays
- Higher excess mortality in the most deprived quintile

- Regional and socioeconomic gap for cancer rates is widening in England
 - ... but not for all cancer types
- Smoking is significant to explain both BC and LC mortality
- COVID-related disruptions lead to significant increase in cancer deaths
 - age and region dependent
- Projection for LC mortality shows persistent deprivation gap

 and significant excess deaths by age, region, and deprivation as a result of 1- to 6-month delays in diagnoses

Implications of this study

- New medical technologies and early cancer diagnoses improve cancer survival
- Flexible and more detailed models are relevant to medical underwriting of related insurance contracts
- Quantifying disparities can help insurers understand how insured portfolios differ from general population
- Time trends and changes important in long-term pricing and reserving
- Upcoming pandemics?
- Cancer surge among under 50s: insured ages?

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Thank You!

Questions?

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