Human Genetics of Tuberculosis

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Tuberculosis (TB): Major public health problem



- ~ 1/3 world's population exposed to *Mycobacterium tuberculosis*
- ~ 10 million new cases/year and ~ 2 million deaths/year Increasing drug resistant (MDR and XDR) strains

~ 10% of infected individuals develop clinical disease \rightarrow Pathogenesis of TB?

Variability of response to exposure and infection



TB: Individual variability in clinical outcomes



Ranke, K. 1910. Diagnose und Epidemiologie der Lungentuberculose des Kindes. Archiv für Kinderheilkunde 54:279-306.

Familial (twin) studies (1930s)

FAMILIAL SUSCEPTIBILITY TO TUBERCULOSIS

Its Importance as a Public Health Problem

BY

RUTH RICE PUFFER, DR.P.H. Tennessee Department of Fublic Health

CAMBRIDGE, MASSACHUSETTS HARVARD UNIVERSITY PRESS

Zwillingstuberkulose

Zwillingsforschung und erbliche Tuberkulosedisposition

Von

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TWIN STUDIES ON GENETIC VARIATIONS IN RESISTANCE TO TUBERCULOSIS

FRANZ J. KALLMANN AND DAVID REISNER



TUBERCULOSIS MORBIDITY RATES OF RELATIVES OF TWIN INDEX CASES

Human genetics of tuberculosis

Why do some exposed individuals (and not others) get infected and develop tuberculosis?

What are the critical immunological pathways in natural conditions of infection?

 \rightarrow Search of genetic variants that:

- may explain differences between individuals (in part)
- are influencing the immune response to *M. tuberculosis*

Considerable number of genetic variants

Human genome is > 3000 millions base pairs (A, T, C, G)



> 300 million reported variants in humans (most of them are <1%) Most frequent variants are single nucleotide polymorphisms (SNPs) (simple change of one base to another, eg from A to G)

Methods of investigation in humans

How to identify the causal genetic variant?



Using the considerable progress in genomics technology:

- Ultra-high throughput genotyping: Genome-wide association studies

- Next generation sequencing: whole exome/genome sequencing

Genetic architecture of TB → Continous spectrum of predisposition according to individual effect and frequency of genetic variant

Effect size Relative risk 50.0 (odds ratio, OR) Rare alleles High causing Mendelian disease 3.0 Low-frequency Intermediate variants with intermediate effect 1.5 Common Modest variants implicated in 1.1 common disease by GWA Low 0.001 0.05 0.005 Very rare Rare Low frequency Common Allele frequency

(Manolio et al, Nature, 2009)

Genetic susceptibility to TB depends on age?



Childhood TB (disseminated)

Search for rare mutations with strong individual impact

 \rightarrow Mendelian/Monogenic TB



Adult PulmonaryTB

Search for common variants with modest individual effect

Very limited success

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Mendelian Susceptibility to Mycobacterial Disease (MSMD)

- Rare syndrome: 1/100,000
- Infections by BCG and environmental mycobacteria
- Otherwise healthy individuals
- Familial forms and parental consanguinity frequent

BCGitis

Poor granulomatous reaction

Disseminated *M. avium* infection

MSMD: genetic defects in IL-12/-23 /IFN-γ pathway

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\rightarrow Impaired response to IFN- γ

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\rightarrow Impaired production of IFN- γ (amenable to IFN- γ treatment)

First evidence of Mendelian TB

 \rightarrow Complete autosomal recessive (AR) IL-12R β 1 deficiency

Mendelian TB \rightarrow Candidate gene : *IL12RB1*

50 TB severe children patients from Turkey, Iran and Morocco

\rightarrow Identification of TWO patients with complete autosomal recessive (AR) IL-12R β 1 deficiency

 \rightarrow Proof of principle for Mendelian TB

 \rightarrow Search for other genes by next generation sequencing approaches

From rare to common monogenic causes of TB: TYK2 deficiency

AR TYK2 complete deficiency in 4 new families

	P1	P2	P3	P4	P5	P6
Sex	Male	Male	Female	Male	Male	Female
Country	Japan	Turkey	Morocco	Morocco	Iran	Iran
Atopy/Dermatitis	yes	no	no	no	no	no
Elevated IgE	yes	no	no	no	no	no
S. aureus infections	yes	no	no	no	no	no
Viral infections	HSV. PI3. MC	VZV	no	ves?	no	no
Intracellular bacteria	BCG, Salmonella	BCG, Brucella	M. tuberculosis	yes?	BCG	M. tuberculosis
Fungal infections	C. albicans	no	no	no	no	no
Homozygous mutati	C70HfsX21	767X	T1106HfsX4	T1106HfsX4	E154X	S50HfsX1

Kreins et al J Exp Med 2015

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Viral infections	HSV, PI3, MC	VZV	no	yes?	no	no
Intracellular bacteria	BCG, Salmonella	BCG, Brucella	M. tuberculosis	yes?	BCG	M. tuberculosis
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Homozygous mutati	C70HfsX21	767X	T1106HfsX4	T1106HfsX4	E154X	S50HfsX1

Abdominal TB

Miliary

Investigation of a more common TYK2 variant: P1104A

In our exome database of >6000 subjects: 11 P1104A homozygotes including 10 in mycobacterial diseases:

- 7 in TB (out of 455 patients)
- 3 in MSMD (out of 463 patients)
- 1 in other conditions (out of 5359)

Highly significant when accounting for ethnic heterogeneity (PCA):

- TB: OR ~ 90, p = 8x10⁻⁸
- TB+MSMD: OR ~ 60, p = 3x10⁻⁸

EUR

0.01

 \rightarrow Strong enrichment of P1104A homozygotes in TB

Boisson-Dupuis et al Science Immunol 2018

Worldwide P1104A frequency

Impaired response to IL-23

Impaired response to IL-23 for P1104A homozygotes in EBV-B cells

Impaired IFN-γ production in response to IL-23 in whole blood

\rightarrow Impairment of IL-23 mediated IFN- γ immunity

Replication in the UK Biobank data

Enrichment of P1104A homozygotes in TB

Odd ratio of developing TB adjusted for ethnic origin: OR= 5.0 (1.96-10.31), p=0.002

Kerner et al PNAS 2019

TYK2 P1104A: Population genetic studies (Quintana-Murci lab)

TB has killed more than any other infectious disease during the last 200 years

 \rightarrow Selection pressure exerted by TB

WHO, 2020; Paulson T. Nature 2013

Human ancient DNA analyses reveal the high burden of tuberculosis in Europeans over the last 2,000 years

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The American Journal of Human Genetics 108, 517-524, March 4, 2021

Using ~1000 ancient DNAs

Increase in frequency until 2000-3000 BC Strong decline since then

Origin of P1104A ~30,000 yrs ago

P1104A appeared in West Eurasians

Range onset of negative selection [0.5-10] kva

EAS

Strong negative selection starting ~2000 yrs ago

Conclusions

Recessive TYK2 P1104A condition represents a common monogenic etiology of TB It may underlie TB in about 1% of Europeans (up to 0.5% elsewhere except East Asia and Subsaharan Africa)

Blurs the dichotomy between rare monogenic and common complex predisposition

P1104A selectively impairs IL23-dependent IFN- γ anti-mycobacterial immunity \rightarrow Implications for treatment (recombinant IFN- γ), prevention

Opposite protective effect (ORs ~0.2 for homozygous) in several inflammatory or autoimmune disorders (Crohn, ankylosing spondylitis, rheumatoid arthritis...):

- Growing incidence of inflammatory conditions due to selection of stronger immune responses by deadly infectious diseases as TB.
- Advantages and disadvantages of TYK2 inhibitors: may need similar procedures as anti-TNF drugs

 \rightarrow Search for other monogenic causes of TB

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